## DISHES AND THEIR ALLERGEN CONTENT – WEEK 1

DISHES		Ŵ	¥.	<b>B</b>		Coging Hour			A LEWED	2	• <b>}</b>		e fige	
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage roll, potato wedges, baked beans, or peas		~					✓							1
Vegan Sausage roll, potato wedges, baked beans, or peas		1					$\checkmark$							✓
Iced Cornflake Special with fruit		✓											$\checkmark$	$\checkmark$
Cheese and tomato pasta bake, crusty roll		~					$\checkmark$					1		
Vegan cheese and tomato pasta bake, crusty roll		$\checkmark$										✓		
Lemon Sponge & custard		✓		$\checkmark$			$\checkmark$						$\checkmark$	
Roast Gammon, mashed potato, gravy							$\checkmark$							
Quorn fillet, mashed potato, gravy		✓					$\checkmark$							
Strawberry or vanilla ice cream							$\checkmark$							
BBQ style chicken strips, rice, sweetcorn, peas		1												

Meatless farm chicken nuggets, rice, sweetcorn, peas	1									
Chocolate sponge and cream	1		✓		1				✓	
Fish fingers with chips, baked beans and peas	1	1		1		1				1
Fishless Fingers with chips, peas or baked beans	1								1	1
Cookie	1		✓		1				✓	

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Reviewed by: Luc Perquin



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