## DISHES AND THEIR ALLERGEN CONTENT - WEEK 3

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Hotdog, Crusty roll, potato wedges, baked beans |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  | $\sqrt{ }$ |
| MF Sausage, crusty roll, potato wedges, baked beans |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  | $\sqrt{ }$ |
| Chicken Curry with rice and mixed vegetables |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Vegetable Curry with rice and mixed vegetables |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |
| Roast Chicken with roast potatoes and carrots/broccoli |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Quorn fillet with roast potatoes and carrots/broccoli |  | $\sqrt{ }$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Tuna \& cheese pasta bake, crusty roll |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  | $\sqrt{ }$ |  |
| Vegan cheese pasta bake, crusty roll |  |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |  |
| Fish fingers with chips, baked beans and peas. |  |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  | $\int$ |
| Fishless fingers with chips, baked beans and peas |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  | $\sqrt{ }$ |  |

