NORTH CAVE C of EPRIMARY SCHOOL

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| School Lunch | Sausage Roll |  <br> Tomato pasta bake | Roast Gammon | Homemade BBQ style Chicken Strips | Fish Fingers |
| $\begin{aligned} & \text { Vegan } \\ & \text { Option } \end{aligned}$ | Vegan Sausage Roll | Vegan Cheese \& Tomato Bake | Quorn Fillet | Meatless farm Panko Chicken Nuggets | Fishless <br> Fish fingers |
| Vegetables | Potato Wedges <br> Baked Beans or Peas | Crusty Roll <br> Fresh Mixed <br> Vegetables | Mashed Potato <br> Fresh Broccoli <br> or <br> Fresh Carrots | $\begin{gathered} \text { Rice } \\ \text { Sweetcorn or } \\ \text { Peas } \end{gathered}$ | Chips <br> Baked Beans <br> or <br> Peas |
| Jacket <br> Potatoes | With a choice of filling: <br> Tuna Mayo <br> Baked Beans <br> Cheese | With a choice of filling: <br> Tuna Mayo Baked Beans Cheese | With a choice of filling: <br> Tuna Mayo <br> Baked Beans <br> Cheese | With a choice of filling: <br> Tuna Mayo <br> Baked Beans <br> Cheese | With a choice of filling: <br> Tuna Mayo Baked Beans Cheese |
| Cold <br> Sandwiches | With a choice of filling: Tuna Mayo Ham Cheese | With a choice of filling: Tuna Mayo Ham Cheese | With a choice of filling: <br> Tuna Mayo <br> Ham <br> Cheese | With a choice of filling: Tuna Mayo Ham Cheese | With a choice of filling: <br> Tuna Mayo <br> Ham <br> Cheese |

## Pudding of the Day

The puddings will vary each day. The types of puddings that may be offered are flapjack, chocolate crackle, chocolate crunch, iced sponge pudding, cookies and ice cream. Custard. fruit or a yoghurt will be available as an accompaniment.

Please note: We strictly follow specific guidelines with regard to the handling and preparation of foods and hygiene practices; however, we do use a wide range of ingredients in the preparation of food and all our meals are prepared within the same kitchen. Meals, therefore, are not guaranteed as 'allergen-free' due to the potential for cross-contamination during food preparation. We do, however, follow all recommended guidelines and risk assessments for the safe handling of ingredients containing allergens and preparation of food.

| NORTH CAVE C of EPRIMARY SCHOOL |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 11/09/23 | 02/10/23 23/1 | 23 20/11/2 | 11/12/23 |  |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| School Lunch | Cheese/Tomato/ <br> Ham Pizza | Homemade Mild Mexican Chicken Wrap | Sausages | Pasta Bolognaise | Breaded <br> Fishcakes |
| Vegan Option | Vegan Cheese/ <br> Tomato Pizza | Meatless farm Panko Chicken Wrap | Meatless Farm Sausages | Meatless Farm Pasta Bolognese | Fishless <br> Fish fingers |
| Vegetables | Potato Wedges <br> Baked Beans | Rice <br> Sweetcorn <br>  <br> Carrot Sticks | Mashed Potato <br> Fresh carrots <br> or <br> Cauliflower | Bread Roll <br> Fresh Carrots <br> Or <br> Broccoli | Chips <br> Peas <br> Or <br> Baked Beans |
| Jacket <br> Potatoes | With a choice of filling: <br> Tuna Mayo <br> Baked Beans <br> Cheese | With a choice of filling: <br> Tuna Mayo <br> Baked Beans <br> Cheese | With a choice of filling: <br> Tuna Mayo Baked Beans Cheese | With a choice of filling: <br> Tuna Mayo Baked Beans Cheese | With a choice of filling: <br> Tuna Mayo <br> Baked Beans <br> Cheese |
| Cold <br> Sandwiches | With a choice of filling: <br> Tuna Mayo <br> Ham <br> Cheese | With a choice of filling: <br> Tuna Mayo <br> Ham <br> Cheese | With a choice of filling: <br> Tuna Mayo <br> Ham <br> Cheese | With a choice of filling: <br> Tuna Mayo <br> Ham <br> Cheese | With a choice of filling: Tuna Mayo Ham Cheese |

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## Week 3

18/09/23
09/10/23
06/11/23 27/11/23
18/12/23

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| School Lunch | Hot-Dog in a crusty roll | Chicken Curry | Roast Chicken | Tuna \& Cheese Pasta Bake | Fish fingers |
| Vegan Option | Meatless Farm Sausage <br> In a crusty roll | Vegetable Curry | Quorn Fillet | Vegan Cheese Pasta Bake | Fishless <br> Fish-fingers |
| Vegetables | Potato Wedges <br> Beans or sweetcorn | Rice <br> Fresh Mixed <br> Vegetables | Roast Potatoes <br> Fresh Carrots <br> or Broccoli | Crusty Roll Fresh Vegetables | Chips <br> Peas or Baked Beans |
| Jacket <br> Potatoes | With a choice of filling: <br> Tuna Mayo Baked Beans Cheese | With a choice of filling: <br> Tuna Mayo Baked Beans Cheese | With a choice of filling: <br> Tuna Mayo <br> Baked Beans <br> Cheese | With a choice of filling: <br> Tuna Mayo Baked Beans Cheese | With a choice of filling: <br> Tuna Mayo Baked Beans Cheese |
| Cold <br> Sandwiches | With a choice of filling: <br> Tuna Mayo <br> Ham <br> Cheese | With a choice of filling: <br> Tuna Mayo <br> Ham <br> Cheese | With a choice of filling: <br> Tuna Mayo <br> Ham <br> Cheese | With a choice of filling: <br> Tuna Mayo <br> Ham <br> Cheese | With a choice of filling: <br> Tuna Mayo <br> Ham <br> Cheese |

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