

Upper Key Stage 2 visit to Kingswood Dearne Valley



Wednesday 24th May to
Friday 26th May

Purpose of this meeting:-

- Look at a typical itinerary for Kingswood
- Explain the main activities (including those on the way there)
- Provide a list of things needed and things not to be taken
- Answer any questions



Kingswood - Dearne Valley

- Situated near Doncaster
- Formerly the Earth Centre, one of the millennium commission projects, Dearne Valley was transformed into a state-of-the-art activity centre in 2012. Dearne Valley is the most environmentally sustainable centre, complete with one of Europe's largest solar panels and an on-site water treatment plant.
- Houses a range of activities on site
- Indoor and outdoor activity facilities surrounded by the beautiful countryside of South Yorkshire
- All activities supervised by Dearne Valley staff



Indoor facilities:-

Giant indoor sports hall for:

- Climbing
- Fencing
- Archery
- Sport and team building activities
- Plus a laser zone

Outdoor facilities:-

- State of the art activity park
- Challenging apparatus
- High and low ropes
- Zip wire
- Climbing

Other facilities:-

- Diner
- Chill-out areas
- Indoor and outdoor classroom spaces
- Natural water treatment plant
- Outdoor amphitheatre

Typical programme (Wednesday)

- 9:15am – Leave school
- 10:15 am – arrive at Yorkshire Sculpture Park. Walk around site, look at artwork and sculptures
- **Packed Lunch (from home in something that can be put in the bin)**
- 1:45pm – leave Yorkshire Sculpture Park
- 2:30pm – arrive at Kingswood and meet course director
- Dorming
- Climbing
- **Evening meal**
- Group contact time
- Evening activity (camp fire)



Typical programme (Thursday)

- **8:00am – Breakfast**
- Nightline
- Leap of faith
- **Lunch (provided)**
- Director activities/review - Get connected
- Archery
- Low ropes
- **Evening meal (provided)**
- Group contact time – trip reflection
- Disco

Typical programme (Friday)

- **8:00am – Breakfast**
- Bush craft
- Buggy build
- **Lunch (provided)**
- 1:30pm - Depart centre
- 2:30 pm - Arrive back at school

Sample menu

*** BREAKFAST ***

- Cereals † † †
- Sausage † †
- Vegetarian sausage † † †
- Bacon
- Hash brown
- Scrambled egg ● †
- Baked beans
- Yoghurt † †
- Fruit compote
- Toast † †
- Seasonal fresh fruit

ALLERGENS



*Please see food labels for allergens
**Vegan options are available
△ May contain traces of other allergens - please speak to the Head Chef if concerned

KINGSWOOD KITCHEN

≡ LUNCH ≡

- Shepherd's lamb pasty △ †
- Hot dogs △ †
- Cheese and onion pasty † † †

All served with...

- Skinny fries
- Baked beans
- Freshly prepared salad*
- Soup of the day*

» DINNER «

- Hunters chicken with bacon and cheddar cheese topped with a BBQ sauce † † †
- Crispy chicken nuggets † †
- Crispy vegan nuggets † †

All served with...

- Herb diced potato
- Broccoli and carrots
- Freshly made salad available daily*

:· SPECIALS ·:

Chicken Shack

Marinated chicken served with corn on the cob and smoky rice △	Marinated Quorn™ escalope and corn on the cob served with smoky rice △ † † ●
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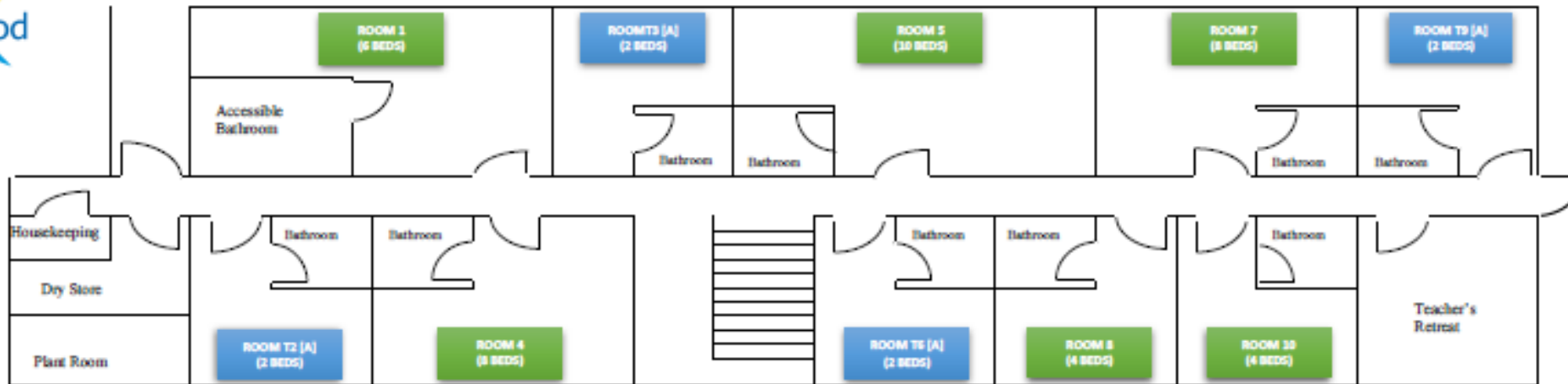
Vegan options are available

DESSERT

- Frozen strawberry yoghurt** † †

Bedrooms

The dormitory-style accommodation is gender-separated. The rooms allocated to us are all en-suite rooms.



Safety



- Children are supervised throughout the visit
- Kingswood staff are fully qualified to lead activities
- Children are continually reminded of any risks and are provided with safety equipment
- Staff are continually sensitive to the needs of the children
- Long sleeves and long trousers are required for most activities

Suggested Clothing List

- One bath towel
- Toiletries bag containing: toothbrush, toothpaste, soap, hairbrush etc (no aerosols)
- Night clothes
- Socks and underwear
- Four t-shirts, shirts, blouses (some with long-sleeves), sweatshirt
- One thick sweater plus one light sweater
- Three pairs of trousers and/or jeans and/or tracksuit bottoms
- Clothes for the evening activities
- Waterproof jacket (and trousers if you have them)
- Sturdy shoes or wellingtons (even in summer)
- Two pairs of trainers (one old pair)
- Large plastic bag for dirty clothes
- Water bottle
- Packed lunch for the first day
- Hat and sunscreen
- **Long sleeved tops and trousers are required for many activities**

Reminders...

- All medicine to be **clearly named and dosage clear**. This needs to be handed to Mrs Revell in the staff room and a form completed.
- NO mobile phones
- Please remember to name all clothing
- NO electrical items
- No money
- NO secret sweets

Thank you for listening

Any questions.....?