

Class 3 Residential Visit Spiers Bank House



May 2023



NORTH CAVE
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SCHOOL

Purpose of the meeting:-

- Format of the visit and itinerary
- Learn more about Spiers Bank House
- Meals
- Staffing
- Kit list
- Answer any questions



Format of the visit

- Year 3 and Year 4 will visit the centre in two groups.
- Monday 15th May – Wednesday 17th May - Year 3
- Wednesday 17th May – Friday 19th May - Year 4



Monday 15th May 2023 – Year 3

9.15 am – Leave for Dalby Forest

10.30 am – Arrive at Dalby Forest

– Woodland artist activities

– Lunch from home

– Playground

2pm – Leave for Spiers Bank House

2.30pm – Arrive at Spiers Bank House

– Settle in and explore the house and immediate grounds

5.30pm – Evening meal

– Evening activities

9pm – Bed

9.30pm – Lights out

Year 4 children to attend school as normal



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Tuesday 16th May 2023 – Year 3

8 am – Breakfast

9am – Craft activities in the centre

10.30 am - Refreshments

12.00 – Picnic lunch

– Walk in the locality

3pm – Shelter building

5.30pm – Evening meal

– Evening activities – Talent show

9pm – Bed

9.30pm – Lights out

Year 4 children to attend
school as normal



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Wednesday 17th May 2023

Year 3

8 am – Breakfast

9am – Pack bags and tidy rooms

10.30 am - Refreshments

– Spiers Bank Olympics

12.30 – Lunch

2.45pm – Leave Spiers Bank for school

4pm – Return to school

Year 4

9.15 am – Leave for Dalby Forest

10.30 am – Arrive at Dalby Forest

– Woodland artist activities

– Lunch from home

– Playground

1.30pm – Leave for Spiers Bank House

2pm – Arrive at Spiers Bank House

– Settle in and explore the house and immediate grounds

5.30pm – Evening meal

– Evening activities

9pm – Bed

9.30pm – Lights out



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Thursday 18th May 2023 – Year 4

8 am – Breakfast

9am – Craft activities in the centre

10.30 am - Refreshments

12.00 – Picnic lunch

– Walk in the locality

3pm – Shelter building

5.30pm – Evening meal

– Evening activities – Talent show

9pm – Bed

9.30pm – Lights out

Year 3 children to attend
school as normal



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Friday 19th May 2023

Year 4

8 am – Breakfast

9am – Pack bags and tidy rooms

10.30 am - Refreshments

– Spiers Bank Olympics

12.30 – Lunch

1.30pm – Leave Spiers Bank for school

3.30pm – Return to school



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Staffing

Monday (Year 3)	Tuesday (Year 3)	Wednesday (Year 3)	Wednesday (Year 4)	Thursday (Year 4)	Friday (Year 4)
Miss McDonald Mrs Revell Mr Winks (Car)	Miss McDonald Mrs Revell Mr Winks (Car)	Miss McDonald Mrs Revell Mr Winks (Car)	Travel to Dalby Forest with:- Mrs Bamford Mrs Jackson	Miss McDonald Mrs Jackson Mr Winks (Car)	Miss McDonald Mrs Jackson Mr Winks (Car)
		Return to school with:- Mrs Bamford Mrs Revell	Stay at Spiers Bank with:- Miss McDonald Mrs Jackson Mr Winks (Car)		



Spiers Bank House



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Spiers Bank House is a residential centre within Cropton Forest (part of the North Yorkshire Moors National Park).

It is located in Cropton, Pickering.

It includes self-catering accommodation for 26 people in a mixture of small dormitories and double rooms.

We will take the children on a tour of the building at the start of the residential and discuss emergency procedures.



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The site consists of three buildings, two containing dormitories and bedrooms, toilets and washing facilities. The third building is a cookhouse.



The site includes two large open spaces of grassland which offer the chance for a wide range of outdoor activities, team building exercises and ball games. There is also a nearby stream.



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Please send luggage the children can carry!



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- Kit List

- One bag (if possible) clearly labelled, pull along wheels are helpful.
- Try and pack a sleeping bag in the main bag or attach onto the bag if possible.
- Everything clearly labelled (even socks).
- Only pack what is on the kit list.
- No money, sweets, cameras or additional toys.
- Only one cuddly toy.
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- Not best clothes.
- Ensure your child knows what has been packed.



Day 1 Meals

- Lunch – packed lunch from home (in a disposable container only)
- Tea – Fish fingers, chips, pasta, beans, banana and custard

Drinks

- Selection of water, orange and blackcurrant
- Bedtime drink – water, cold milk, hot milk, hot chocolate

(Special dietary requirements will be catered for)



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Day 2 Meals

- Breakfast – selection of cereal, toast with a selection of toppings (margarine, jam)
- Lunch – Picnic lunch – sandwiches, crisps, fruit and an ice lolly
- Tea – hot and cold party tea – pizza, chips, breadsticks, cocktail sausages, crisps, ice cream and chocolate delight

Drinks

- Selection of water, orange and blackcurrant
- Bedtime drink – water, cold milk, hot milk, hot chocolate

(Special dietary requirements will be catered for)



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Day 3 Meals

- Breakfast – selection of cereal, toast with a selection of toppings (margarine, jam)
- Picnic Lunch –hotdogs, crisps, fruit and buns

Drinks

- Selection of water, orange and blackcurrant

(Special dietary requirements will be catered for)



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Medical Forms

It is important that we have the medical forms completed by **Wednesday 10th May 2023**

List all medicines clearly on the form.

Any special requirements to be written on the medical form.

Clearly label all medicines and place in the medicines box on the morning of the trip.

If you are providing your child's own sun cream please clearly label the bottle and place in the medical box.

No swimming.



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Contact details

- We have your contact details.
- Ring school/ emergency contact number - 01430 422551 and 07947757846.
- Mrs Thornham/ Mrs Smith will communicate any necessary information via text/email.



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Any questions?



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